

Caregiver Assistance News

“ C A R I N G F O R Y O U . . . C A R I N G F O R O T H E R S ”

Q U I C K Q U I Z

A senior or a person with disabilities may face some special challenges if an emergency strikes. Caregivers can help them learn about the challenges that they may face and help them prepare ahead of time. Then they will be better able to cope with the disaster and recover from it more quickly. Read the issue and answer True or False to the question below.

1. In an emergency, Alzheimer or dementia patients can sometimes sense when something is wrong. It is important for the caregiver to remain calm, explain what is happening simply, and give clear directions.
T F
2. Recovering from an emergency or a natural disaster tomorrow often depends on the planning and preparation done *today*.
T F
3. Making sure everyone knows where the first-aid kit and emergency supplies are located is good planning.
T F
4. An extra cane by the bed with a whistle attached to it is helpful for blind or visually impaired persons.
T F
5. When the power is out text messages cannot get through.
T F
6. An emergency supply kit should contain everything you and the person in your care will need for one day.
T F
7. The more medications a person takes, the more likely he or she is to fall.
T F
8. Keep your vehicle's gas tank at least half full because gas stations rely on electricity to power their pumps.
T F
9. It is helpful to register the person in your care with emergency response providers so they can be located during disasters.
T F
10. There is no need to consider medications that may need refrigeration during a power outage.
T F

Name _____

Signature _____ Date _____