

Caregiver Assistance News

“ C A R I N G F O R Y O U ... C A R I N G F O R O T H E R S ”

Q U I C K Q U I Z

Pressure sores or bed sores happen when a person lies or sits in one position too long. People might get them from bed rest or sitting in a wheelchair. Read the issue and answer True or False to the questions below.

1. The skin breakdown starts from the inside, works up to the surface, and can happen in as little as 15 minutes.
T F
2. Pressure sores that are not treated can lead to hospitalization and can require skin grafts.
T F
3. Urine left on the skin cannot cause sores and infection.
T F
4. To reduce the chance of infection, wear disposable gloves when providing care.
T F
5. Never position the person on his or her bony parts.
T F
6. When the person in your care is sitting, encourage changing the body position every 15 minutes.
T F
7. Shingles is a viral infection but does not cause a painful rash.
T F
8. Congestive heart failure and liver, kidney and thyroid diseases can cause edema.
T F
9. People with Alzheimer's may get upset when somebody touches them.
T F
10. If you see pressure sores in your daily checking of the skin, wait and see if it gets worse before alerting the health care team.
T F

Name _____

Signature _____ Date _____